



PUNGGOL SECONDARY SCHOOL



Red Cross Youth (RCY)



Red Cross Youth

- We hope to build a community of young leaders who are socially responsible and embrace humanitarian values.
- Training sessions are held on Mondays.
- We learn basic First Aid, Disaster Management, Service Learning, Youth Ambassador Blood Programme and Red Cross Knowledge.
- This year, we participated in Ukraine Crisis Fundraising, First Aid Competition, Disaster and Risk Management, Blood Donation Drive and supported school sport events in First Aid duties.
- Achievements:
 - Gold Excellent Unit Award in 2021
 - Silver Excellent Unit Award in 2020
 - Silver Excellent Unit Award in 2019



Reflection by Sanofur Femina, Class 3E

“Red Cross Youth has been an enriching journey for me, both as an individual as well as a cadet. I have learnt countless values such as discipline, a sense of urgency, and skills like First Aid. There were many instances where I had to leave my boundaries, which helped me work my way up the ladder to boost my confidence and discover strengths.”

Sanofur Femina, Chairman



Reflection by Sean Ng, Class 3E

“In Red Cross Youth (RCY), I've learnt how to do Cardiopulmonary Resuscitation (CPR), first aid, and how to react during an emergency. RCY is the perfect balance between sports, academics and fun. The first few sessions may be challenging, but you will get used to them after a while. This CCA has definitely ingrained discipline and a sense of urgency in me.”

